The Health Press Zambia (THP-Z) welcomes you to its second issue of 2019. We join the rest of the world in celebrating WORLD CANCER DAY (WCD) which fell on 4th February 2019. The 2019 World Cancer Day theme “I Am, I Will” is translated by the organizers in many words; “Whoever you are, you have the power to reduce the impact of cancer for yourself, the people you love and for the world. It’s time to make a personal commitment”. The Zambian team tweaks the theme to read “I Am Concerned, I Will Fight Cancer”. The themes are aimed at empowering call-to-action urging for personal commitment and represents the power of individual action taken now to impact the future.

I believe this should be so not just for cancer but for all health issues as a matter of fact. There is need for any human being to take charge of their health issues. To celebrate WCD we publish a number of articles on cancer including the guest editorial entitled ‘Cancer – An Emerging Health Problem: The Zambian Perspective’, a ministerial speech addressed by the Honourable Minister of health under the perspective section, an original research on late gastric cancer diagnosis “Delayed referral for diagnostic endoscopy is a contributing factor of late gastric cancer diagnosis in Zambia”.

Early diagnosis and treatment has been known to allow for better outcomes in cancer and in order to not fall easy prey to the devastating condition of cancer, we encourage you our readers to take responsibility of your own health, get concerned and fight for your own health. This issue has in addition an outbreak report on Anthrax in the Western Province of Zambia and a review of anthrax in the entire country, between 2016 and 2018 from the IDSR data.

Enjoy the read as you await yet another issue.